

## **Creating Safe and Affirming Environments for Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Youth**

### **Journal Articles**

Russell S. T., Ryan C., Toomey R. B., Diaz R. M. & Sanchez J. (2011). Lesbian, gay, bisexual, and transgender adolescent school victimization: implications for young adult health and adjustment. *Journal of School Health*, 81(5): 223-230.  
<https://doi.org/10.1111/j.1746-1561.2011.00583.x>

Ryan, C., Huebner, D., Diaz, R. M. & Sanchez, J. (2009). Family Rejection as a Predictor of Negative Health Outcomes in White and Latino Lesbian, Gay, and Bisexual Young Adults. *Pediatrics*, 123(1), 346-352. <https://doi.org/10.1542/peds.2007-3524>

Toomey, R. B., Ryan, C., Diaz, R. M., Card, N. A. & Russell, S. T. (2010). Gender-Nonconforming Lesbian, Gay, Bisexual, and Transgender Youth: School Victimization and Young Adult Psychosocial Adjustment. *Developmental Psychology*, 46(6), 1580-1589. <https://doi.org/10.1037/a0020705>

Toomey, R. B., Ryan, C., Diaz, R. M. & Russell, S. T. (2011). High School Gay–Straight Alliances (GSAs) and Young Adult Well-Being: An Examination of GSA Presence, Participation, and Perceived Effectiveness. *Applied Developmental Science*, 15(4), 175-185. <https://doi.org/10.1080/10888691.2011.607378>

### **Books**

Ryan, C. & Futterman, D. (1997). *Lesbian and Gay Youth: Care and Counseling*. New York City, NY: Columbia University Press.

### **Additional Resources**

Substance Abuse and Mental Health Services Administration, A Practitioner's Resource Guide: Helping Families to Support Their LGBT Children. HHS Publication No. PEP14-LGBTKIDS. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. Retrieved from:  
<https://familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBTChildrenGuidance.pdf>